

"Getting the Love You Want" A Weekend Workshop for Couples

Welcome!

Peggy and Doug invite you to join them for this transformative weekend. They are dynamic presenters who not only teach the “art of relationship”, but are living it. They credit Imago skills with keeping their own relationship vibrant.

What Past Attendees are saying about the *powerful*, "Getting the Love You Want" Workshop

- “We learned doable skills, taught to us in a gentle, encouraging manner.”
- “The workshop changed my way of approaching communication.”
- “Peggy and Doug were outstanding, sincere, committed to each other and both extremely knowledgeable and friendly presenters.”
- “Most meaningful to me was the idea of opening up to my spouse by understanding her vulnerabilities.”
- “The workshop really opened my eyes and gave me new possibilities for connection and growth.”
- “The workshop was even more helpful and more enjoyable than I imagined.”
- “My goal in attending the workshop was to create a closer relationship with my spouse; I achieved my goal!”
- “The skill from the workshop that has helped me the most is learning how to express concerns, feelings, fears, in a non critical way to my spouse.”
- “It was just great”
- “I highly recommend an Imago workshop to any couple: married, engaged or a committed relationship.”
- “It was worth spending a weekend to gain the understanding and thoughts about myself and my partner.”
- “The workshop was enlightening and very easy to understand.”
- “The workshop presenters were excellent, well prepared, energized.”
- “I loved the dialogue technique.”
- “I loved the great job Peggy and Doug did being open and honest with us. I appreciate the help and support.”
- “The material was presented in a way that was understandable.”
- “Peggy and Doug’s willingness to share their own relationship exemplified the benefit of the Imago approach effectively.”
- “What I liked best about the workshop were the exercises that made the ideas very concrete.”
- “Peggy and Doug are very knowledgeable and make excellent use of real-world examples.”
- “I felt a connection with both Peggy and Doug and liked hearing how Imago has worked for them.”
- “Thank you both, Peggy and Doug, for your compassion and devotion to your lives' work.”

In this workshop you will learn to...

- **Resolve cycles of anger and blaming**
- **Get to the root of your problems and dissolve them**
- **Create romance, passion and fun**
- **Listen non-defensively**
- **Speak in a way your partner can hear you**
- **Show your partner empathy and compassion**
- **Respect your partner's point of view even if you don't agree**
- **Deepen your intimacy and connection**
- **Express appreciation for your partner**
- **Become your partners best friend**
- **Create the relationship of your dreams!**

The format of the workshop includes demonstrations, couple's dialogue, lectures, written exercises and guided imagery. Techniques are demonstrated first, then couples practice these skills privately. These practice opportunities are extremely helpful because couples can immediately apply the skills when they return home.

The workshop addresses two sides of the relationship. One branch includes issues, problems and conflicts, and the other encompasses fun stuff: romance, caring behaviors, high and low energy fun, passion and your positive relationship vision.

There are opportunities for group sharing, but the workshop emphasizes partners sharing privately with one another. No self-disclosure is required; all work is done in private! Although couples come together in a group to hear these presentations, sharing is done only with your partner, as confidentiality is maintained throughout the workshop. These workshops are kept small to create a relaxed, secure, and fun environment.

This workshop is appropriate for you if...

- **You are thinking about marriage or remarrying and you really want to ensure this one will work**
- **You have a good relationship that needs to be revitalized**
- **You are having difficulty in your relationship and need tools and skills to better communicate and manage conflict**
- **You are near a breakup or divorce and want to decide if the relationship can be saved or not**